

LBNL Postdoc Benefit Plan Contact List
HR Benefits Group
Building 90, Second Floor

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UNIVERSITY OF CALIFORNIA BENEFIT PLANS	At Your Service Website http://atyourservice.ucop.edu Customer Service (800) 888-8267	Group #
MEDICAL PLANS		
Health Net P.O. Box 9103 Van Nuys, CA 91409-9103	(800) 539-4072 Member Services (888) 440-8225 United Behavioral Health www.healthnet.com/uc	55229X
Kaiser North P.O. Box 23448 San Diego, CA 92193-9220	(800) 464-4000 Member Services (888) 440-8225 United Behavioral Health www.ca.kaiserpermanente.org	7
Anthem Blue Cross Plus, PPO, and Core Plans P.O. Box 6007 Los Angeles, CA 90060-0007	(888) 209-7975 Member Services (888) 440-8225 United Behavioral Health (800) 678-9133 American Specialty Health Plan (800) 700-2541 Well Point Pharmacy (888) 888-3784 Mail Orders www.bluecrossca.com/uc	175011H001 Plus 175011M001 PPO
CIGNA Choice Fund P.O. Box 182223 Chattanooga, TN 37422	(800) 401-4041 Member Services www.myCIGNAplans.com Username: <i>UofCA</i> ; Password: <i>choice</i>	3329800
Western Health Advantage 1331 Garden Highway, Suite 100 Sacramento, CA 95833	(888) 227-5942 Member Services www.westernhealth.com	001021
BEHAVIORAL HEALTH & SUBSTANCE ABUSE		
United Behavioral Health 425 Market Street, 27th Floor San Francisco, California 94105	(800) 888-2998 Member Services www.unitedbehavioralhealth.com/ www.liveandworkwell.com/public/	11280
EMPLOYEE ASSISTANCE PROGRAM		
CARE Services, University Health Services 2222 Bancroft Way, Tang Center 3100 Berkeley, CA 94720-4300	(510) 643-7754 www.uhs.berkeley.edu/facstaff/care careserv@uhs.berkeley.edu	
WELLNESS PROGRAM		
UC Living Well StayWell Kaiser Permanente	http://uclivingwell.ucop.edu/ http://uclivingwell.ucop.edu/staywell http://uclivingwell.ucop.edu/kp	
LEGAL		
ARAG Legal Group P.O. Box 9171 Des Moines, IA 50306	(800) 828-1395 Member Services http://members.aragggroup.com/ucop	11700
FLEXIBLE SPENDING ACCOUNTS (Health FSA & DepCare FSA)		
CONEXIS P.O. Box 660427 Dallas, TX 75266-0427	(800) 482-4120 Member Services www.conexis.com https://mybenefits.conexis.com/	11700

CORE LIFE INSURANCE		
Prudential Insurance Company of America (\$5,000)	(800) 524-0542 Claims (888) 257-0412 Underwriting	GH97000
AD&D		
The American Home Assurance Company Accident and Health Division Two Rincon Center-121 Spear Street San Francisco, CA 94105-1588	(415) 836-2929 Member Services (800) 551-0824 option #7 Claims	PAI9015361
RETIREMENT & SAVINGS PLANS		
Fidelity Retirement Services 403(b); 457(b) & 401(a) investment options for UC funds	(866) 682-7787 www.fidelity.com/atwork	Location 94
Scholarshare College Savings Plan 529	(800) 544-5248 www.scholarshare.com	
MISCELLANEOUS		
A+ Auto & Home Insurance Plus P.O. Box 39700 Colorado Springs, CO 80949	(800) 800-9410 www.calcas.com	
WageWorks – Commuter Benefits 1100 Park Place, 4 th Floor San Mateo, CA 94403	(877) 924-3967 https://www.wageworks.com/home.aspx (Enrollment deadline is the 10 th of each month)	
GARNETT-POWERS & ASSOCIATES POSTDOC BENEFIT PLANS	(800) 254-1758 Customer Service (949) 583-2929 FAX E-mail: pbp@garnett-powers.com http://www.garnett-powers.com/postdoc/lbl/	
DENTAL PLAN		
Principal Life Insurance Company	(800) 247-4695 www.principal.com	H-42753
VISION PLAN		
Vision Service Plan (VSP) P.O. Box 997100 Sacramento, CA 95899-7100	(800) 877-7195 Member Services www.vsp.com	30001688
SHORT-TERM DISABILITY		
Mutual of Omaha (for Postdoc only) Policy Number: GLUG:24-0925G	(800) 261-7109	G000925G
BASIC LIFE INSURANCE		
Principal Life Insurance Company (for Postdoc only) (\$45,000) Policy Number: GLUG:24-0925G	(800) 261-7109	G000925G